

Extend Plus

3226AP – 360 capsules

Rated “Top Products Overall” with a score of 93.1% in USA & Canada
Source: The Comparative Guide to Nutritional Supplements 3rd Edition

The Possible Benefits of Extend Plus, a Dietary Supplement

- Minimizes the effects of aging
 - Optimizing immune system and function
 - Increase energy level
-

Description

In two articles published in the June 19th issue of The Journal of the American Medical Association, researchers from Harvard Medical School have recommended that everybody—regardless of age or health status—take a daily multivitamin. Drs. Kathleen M. Fairfield and Robert H. Fletcher report that the elderly, those on restrictive diets and even people eating a normal diet, may not be getting enough of certain vitamins.

Fletcher and his colleagues reviewed studies published between 1966 and 2002 that pointed to links between vitamin intake and diseases such as cancer and coronary heart disease. Noting that vitamin deficiencies are linked to a wide range of illnesses, Fletcher commented that It’s rare to find a health-promoter that offers such a substantial benefit with a relatively low cost and low risk of problems, and when you have such a thing, he added, you ought to jump on it.

The reports point out that certain people are at higher risk of vitamin deficiency, particularly the elderly, who are less able to absorb vitamins from their diet. Vegetarians who avoid all animal products were also at risk, facing a risk of not getting enough of certain fat-soluble vitamins such as vitamin D and vitamin B-12.

Even those who follow what Fletcher called a super-perfect diet are unlikely to get enough of certain vitamins in their diets and would benefit from multivitamins, as well.

Extend Plus contains over 2 grams of vitamin C, an optimal dose of natural vitamin E, along with ample amounts of B complex vitamins, trace minerals and a 1:1 ratio of calcium and magnesium all makes it a multi-nutrient formula with extended performance. In addition to daily amounts of vitamins and minerals, Extend Plus also includes healthy amounts of lipoic acid, a well researched and important cellular protector, as well as choline and the amino acid taurine for additional cellular support.



* As per US federal guidelines, we need to inform you that these statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.